

Creative

Tulip Painting

Materials:

- Fork
- Paint
- Paper
- Paint brush



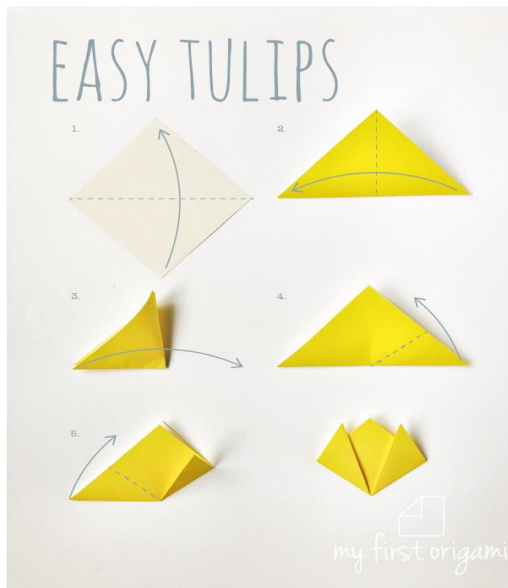
Instructions:

Dip the fork in paint and press it onto the paper to make a fork print, this is your tulip. Then use a paint brush or finger to make the stems for your flowers.

Origami Tulips

Materials:

- Paper in the shape of a square, the thinner the better
- Scissors



Instructions:

Follow the paper folding instructions on the above photo. Once completed, these tulips can be glued onto paper to create a card. Markers can be used to draw stems and decorate the tulips!

music and the Arts

Down in the Meadow

Down in a meadow
in an itty, bitty pool,
swam 3 little fishies, and
a Mama fish too.

"Swim!", said the Mama fish,
"Swim, if you can!"

And they swam, and they swam
right over the dam.

Chorus:

Boom, boom, didam dadam, wadam

Shoo! *(Sing 3X)*

And they swam, and they swam,
right over the dam.

"Wee!" said the little fishies.

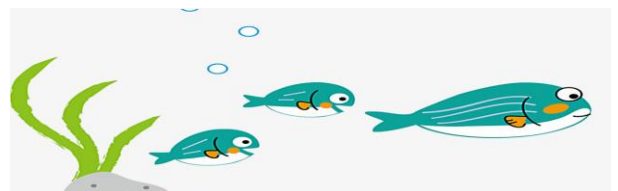
They were having lots of fun.

"We'll swim in the sea, until the day is done."

They met a whale,
and turned on their tail.

And they swam and they swam
right over the dam.

CHORUS



entertainment

Check out the following website for fun games,
such as building an animal habitat!

<https://switchzoo.com/>

LAUGH IT OFF

Why were the apple and the orange all alone?

Because the banana split!

Kids in the Kitchen



Apple Monster Cookies

Love to be in the Kitchen.com



Apple Monster Cookies

Ingredients:

- Apples
- Nut butter (almond, peanut, etc.) or Wow butter
- Toppings of choice (granola, chocolate chips, raisins, smarties, nuts, seeds, etc.)

Instructions:

Have a parent help you cut apples into slices and remove the core. Spread with nut butter or Wow butter and decorate with your choice of toppings.

School Age Corner

Lego Secret Codes

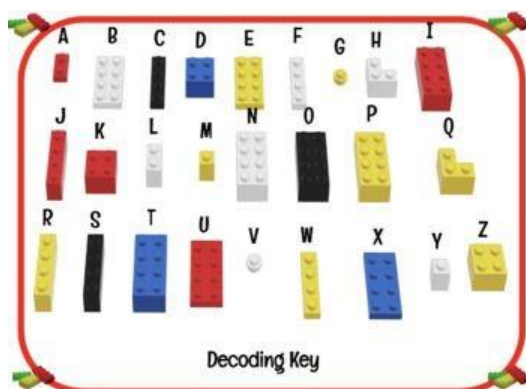
Materials:

- Lego
- Paper
- Pencil

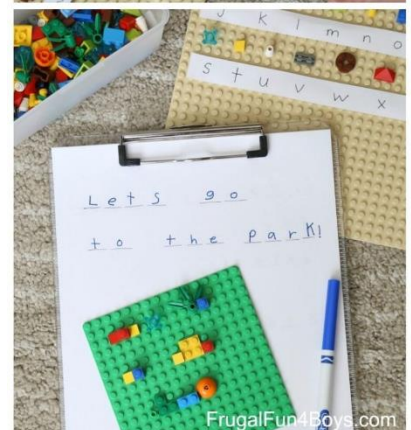
Instructions:

Assign each letter of the alphabet a type of Lego (see the sample below for an example.) Using the code create a message with Lego pieces. Challenge a family member to crack your code!

With a parent's permission and/or assistance take a picture of your message and share it with a cousin or friend. Just make sure you are both using the same code!



LEGO Secret Codes



Let's get moving

Ball Toss

Materials:

- 2-4 baskets, boxes, or buckets
- Construction paper
- Balls or beanbags

Instructions:

Set out your baskets and add a different coloured piece of paper to each one. Have your child throw balls into the basket or run to the basket and drop it in.

For an added challenge mark your baskets with shapes, numbers letters or words!



Obstacle Maze

GROSS MOTOR INDOOR PLAY
OBSTACLE MAZE



Materials:

- Streamers or yarn
- Tape

Instructions:

This activity works best in a hallway.

Tape the streamers to the walls on each side of the hall. Have the streamers go in all directions, as seen in the picture above. The more streamers, the trickier to sneak through!

Try out these activity ideas for added fun and challenge:

Get the treasure

Place an object on one end of the maze. The object of the game is to get the treasure without touching the streamer.

Balloon

The object of this game is getting the balloon across the maze without dropping on the floor.

science FUN

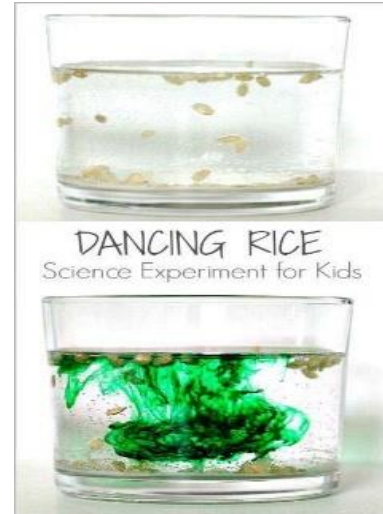
Dancing Rice

Materials:

- Clear container
- Water (1 cup)
- Baking Soda (1 tsp)
- Vinegar (1 TBSP)
- Rice
- Spoon
- Food Coloring (Optional)

Directions:

- Pour one cup of water into your clear container.
- Add 1 teaspoon of **baking soda** to the water and stir.
- Sprinkle some **rice** into the mixture.
- Add 1 tablespoon of **vinegar** to the water.
- Observe for next few minutes. Eventually the rice will begin to “dance”. As bubbles of carbon dioxide adhere to the rice, the rice is brought up to the surface. Once it reaches the surface, the gas is released, and the rice falls back down again.
- Optional: Add a couple drops of **food coloring** and watch it slowly begin to mix into the solution.



Note: If you are using a larger container, be sure to use larger amounts of baking soda and vinegar.

Underwater Fireworks

Materials:

- Oil
- Water
- Food coloring
- Salt water
- Bottle

Instructions:

- Pour salt into the bottle until there is a thin layer of salt on the bottom.
- Pour warm water into the bottle so that the bottle is about $\frac{1}{4}$ full. Mix the salt and water until all of the salt has dissolved and the water has cooled.
- Pour cold freshwater into the bottle until the water level is about $\frac{3}{4}$ high.
- Pour oil into the bottle, so that there is about $\frac{1}{2}$ " of oil floating on top of the water
- Add a spoonful of oil into a small bowl followed by a few drops of food dye.
- Stir until the large beads of dye have broken up into a bunch of small beads of dye.
- Gently pour the mixture into the bottle.



Then, watch as the food dye begins to seep into the water!

What happens when it reaches the saltwater layer?

sensory exploration

Bubble Foam

Materials:

- Bubble bath or dish soap
- Water
- Electric hand mixer or blender
- Food colouring
- Plastic bin
- Optional: Cornstarch (makes the bubbles harder to pop!)

Instructions:

In a large mixing bowl, add cornstarch (if using) and water. Mix them together until there are no more clumps. Next, add the soap and food colouring and stir. Now you will need to use your hand mixer or blender and beat the mixture for approximately 2 minutes, or until stiff peaks form (like whipping cream). Pour your mixture into your plastic bin and enjoy!

Add in toys like plastic dolls, cars, ponies, trucks, dinosaurs, or animals for extra fun!

*If adding plastic dolls, if they have blonde hair, they may come out with colourful hair from the food colouring!

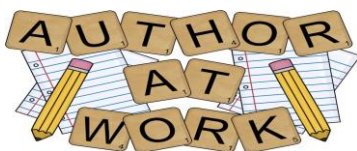


Fun at Home with Kids

BONUS SECTION

Are your children enjoying reading and writing? This website is full of information about books and the writing process!

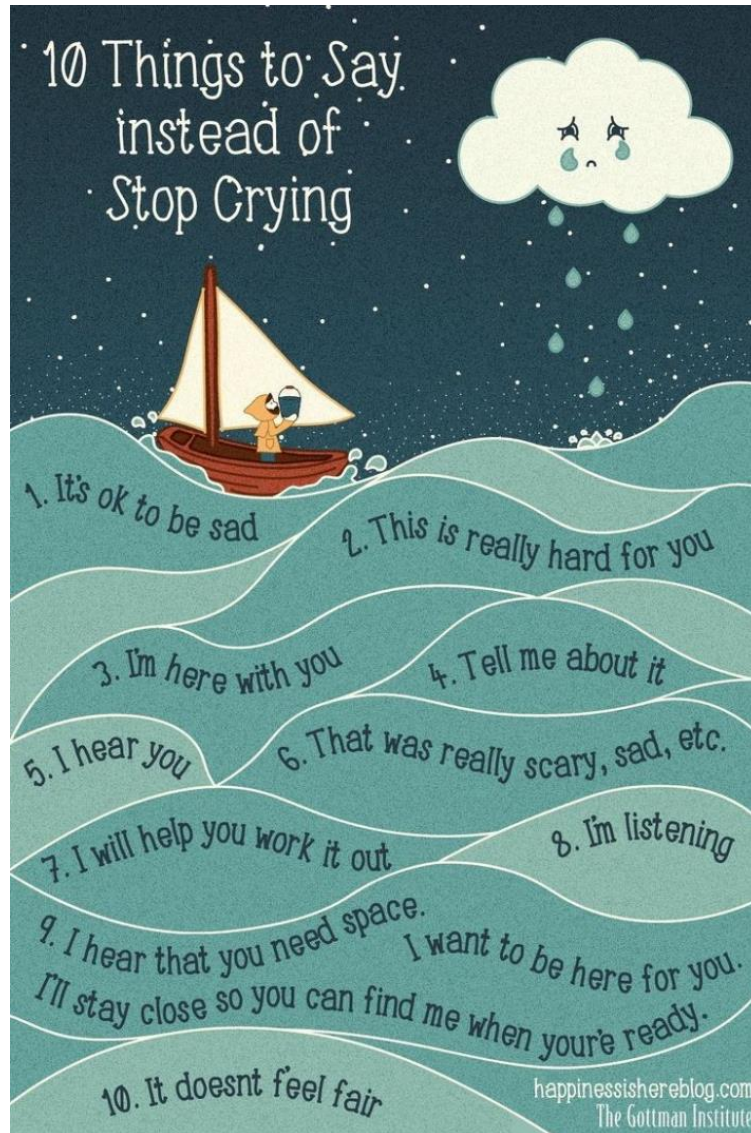
<https://reading.ecb.org/>



parent corner

We are all dealing with a lot of challenges right now, and some days can be hard. Our children have so many things to process and sometimes all they can do is cry.

Here are some of the ways we talk children through their feelings at REKSAP.





Previous Links and Resources

Check out these amazing Harry Potter resources!

<https://www.wizardingworld.com/news/introducing-hp-at-home>

<https://www.wizardingworld.com/collections/harry-potter-at-home>

Check out Go Noodle for more fun ways to move your body!

www.gonoodle.com

National Geographic

www.kids.nationalgeographic.com

Luv2Groove

<https://www.instagram.com/luv2groove/>

<https://www.facebook.com/luv2groove>

101 Virtual Field Trips Around the World!

<https://socialfieldtrips.com/101-virtual-field-trips-for-students/>

KidsUpFront

<http://kidsupfront.com/kidsathome/>

Looking to keep stories interesting? Check out:

www.storylineonline.net

Helpful tips for at home

https://www.oise.utoronto.ca/oise/News/2020/Professor_Angela_Pyle_10_ways_to_teach_kids_through_play_at_home.html

Harry Potter books, read to you by the stars of the movies!

<https://www.wizardingworld.com/chapters/reading-the-boy-who-lived>